

WLT STAFF

For more information on the Health Care Navigator service, please contact either of the individuals listed below:

WLT Consulting, LLC is under the leadership of Executive Director, Elnora L. Jenkins-Christie. Ms. Jenkins-Christie retired from the Ohio Department of Mental Health in 2007 after 20 years serving in the behavioral health field. She served as Administrator for Prevention Initiatives with the Office of Children's Services and Prevention. In addition to her work in the behavioral health system, Ms. Jenkins-Christie currently serves as the Executive Director for the National Leadership Council (NLC) on African American Behavioral Health.

Sherry R. Boyd serves as Assistant Director of WLT Consulting, LLC. Ms. Boyd served as the Chief of the Office of Consumer and Recovery Supports for the Ohio Department of Mental Health. She is experienced in project management, specifically recovery focused initiatives and contributes her relationships with consumers for giving her a wealth of knowledge that can only come from their learned experience. Sherry has a passion for recovery and educating systems on consumer empowerment and self-direction. She is retired from the Ohio Department of Mental Health. She is a graduate of Ohio University and has been a social worker for over 30 years in the community and behavioral health care system.



Contact Information:

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WLT CONSULTING, LLC
A National Behavioral Health Consulting Firm

HEALTH CARE NAVIGATOR:

Improving Health Care Outcomes for Individuals with Behavioral Health Conditions



Integration of Behavioral and Primary Health

A recorded informational DVD and supporting materials that defines, describes and promotes health care navigators who are trained and skilled to assist individuals to navigate the physical and behavioral health systems

Presented by:

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Elnora L. Jenkins-Christie, Executive Director
Sherry Boyd, Assistant Director

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WLT Consulting, LLC is a national behavioral health consulting firm.

Our Mission is to support and educate behavioral health systems, organizations and individuals to become recovery focused.

Overview of Health Care Reform

Our country is on the brink of the most significant change in public behavioral health care in over two decades. Americans must face the impor-

tance of treating the health care needs of persons with serious mental illness/substance abuse disorders as well as their behavioral health care needs.



WLT Consulting has developed a service to provide Health Care Navigators to reduce barriers and improve health care outcomes for individuals with behavioral health conditions.

WLT Consulting, LLC provides the following services:

- Recorded DVD and informational packet on “Health Care Navigators”
- Pre-consultation to assess needs and available resources
- Selection and recruitment to identify qualified individuals to be navigators
- Training to prepare individuals to navigate the primary health and behavioral health care system
- Coordination among systems to facilitate seamless transition for navigators
- Technical support and follow up
- Outcomes evaluation
- Services designed to eliminate cultural, social, ethnic and other disparities

HEALTH CARE NAVIGATOR

PHASE I:

Provides a recorded DVD and informational packet that presents the following:

- Descriptions of health disparities for persons dealing with behavioral health issues
- Defines health care navigator
- Lists 3-5 functions specific to health care navigators
- Describes 4 types of barriers that a health care navigator can help overcome
- Explains issues of navigating the behavioral health system from a primary (physical) health perspective
- Relates current federal interest in health care navigator services

The DVD will answer the following questions:

- Why is there a need for health care navigators?
- What is a health care navigator?
- What does a health care navigator do?

To purchase the DVD for the low cost of \$49.99:

Go to: www.wltconsulting.com

Choose the ‘Purchase Products’ menu item

Click on ‘Health Care Navigator DVD’

Follow the prompts to register and pay

PHASE II:

Provides on-site, customized services in the area of Assessment, Implementation and Evaluation as follows:

Assessment:

- Needs assessment
- Sectors for potential recruitment
- Hiring practices
- Community readiness
- **Training**

Implementation:

- Consultation
- Technical Support
- Follow-up
- Data Collection

Evaluation:

- Is it working?
- Outcomes

TRAINING

The core component of WLT Consulting, LLC Health Care Navigator service is training. Once individuals are identified within the existing system or recruited from outside, they will receive approximately 8-24 hours of training using an approved curriculum similar to WLT Consulting, LLC curriculum to certify peer support specialists in the behavioral health system. Training is designed to focus on the key elements of peer interactions which are cultural competency, individualized care, recovery and family involvement.

CULTURAL COMPETENCY

WLT Consulting, LLC specializes in developing culturally competent systems and will incorporate these principles into the health care navigator service.

EXPERT STAFF AND CONSULTANTS

WLT Consulting, LLC has recruited some of the best minds in the behavioral health field as consultants and staff. Our diverse staff brings a combined total of over 100 years of behavioral health administrative, clinical and professional experience. Our consultants have various educational and professional backgrounds, experiences, certifications and training. The staff and consultants represent peers, consumers, family members who have worked on the front lines and at the administrative/executive levels in Ohio and other states’ behavioral health systems. A diverse team of two consultants will be assigned to work on all projects to prepare and coordinate the integration of health care navigators into the system .